

# **AKII-BUA MEMORIAL MARATHON**

# **ROUTE NARRATIVE**

# **5KM ROUTE**

**START** Inside Kololo Airstrip in front of the Pavilion.

Proceed along Elgon terrace straight up the western edge of the airstrip and turn

Right.

Climb along Mabua road to join Upper Kololo Terrace and turn right.

Proceed along Upper Kololo Terrace down to Kati Kati and turn left to join Lugogo

By-pass

Proceed along Lugogo by-pass to Kololo SS and turn left.

Curve along Mackenzie Vale (from the police post) to join Malcolm X Avenue.

Proceed along Malcolm X Avenue to Roscoe road and turn right.

Climb along Roscoe road for about 80m and turn left, to follow Impala road near

Nanjing restaurant;

Proceed along Impala Avenue to join Upper Kololo Terrace and turn right.

Climb along Upper Kololo terrace, past the new MTN offices, turning left to join

Wampewo Avenue to Main Airstrip Gate and turn right;

Proceed along Elgon Terrace to the **FINISH**.

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#### **10KM ROUTE**

**START** Inside Kololo Airstrip in front of the Pavilion.

Proceed along Elgon terrace straight down to Protea Hotel turn right to join John

Babiiha rd (Acacia Avenue).

Climb along Babiiha rd (Acacia Avenue) and turn right to join Upper Kololo

Terrace.

Proceed along Upper Kololo terrace to Kati Kati and turn left to join Lugogo By-

pass

Proceed along Lugogo By-pass to Kira Rd Police roundabout and turn left to join

Kira rd.

Proceed along Kira road, through British Council, past Uganda Museum to Mulago

roundabout and turn left to join Yusuf Lule road.

Proceed along Yusuf Lule road to Golf Course Roundabout and turn left to join

John Babiha rd (Acacia Avenue)

Slope along Acacia Avenue briefly and turn right to Lower Kololo Terrace.

Proceed along Lower Kololo Terrace and turn left to join Wampewo Avenue.

Climb along Wampewo Avenue to the Main Gate of Kololo Airstrip and turn left

to Elgon terrace.

Proceed along Elgon terrace to the Finish

**FINISH** Inside the Airstrip along Elgon Terrace.

# **21KM ROUTE**

**START** In front of the Pavilion along Elgon Terrace.

Slope along Elgon terrace straight down to Protea Hotel and turn left to join

Babiiha rd (Acacia Avenue).

Slope along Babiiha rd (Acacia Avenue) past the Surgery Hospital to Yusuf Lule

road and turn left.

Proceed along Yusuf Lule road, past Garden city, Nakumatt Oasis to Jinja road

traffic lights and turn left

Proceed along Jinja road towards internal affairs roundabout, go around the

roundabout to join Old Port bell road.

Proceed along Old Port bell road via meat packers to spring road past Uganda

Communication Centre HQ to Bugolobi stage (Middle-East market)

and turn right.

Proceed along

Luthuli rise to Bazarabusa Drive and turn right.

Proceed along

Bazarabusa Drive to Luthuli Avenue and turn right.

Luthuli Avenue to Nice House of plastics and turn left.

Proceed along Luthuli Avenue to Nice House of plastics and turn left

Slope along Mulwana (Kibira) rd, past Civicon, Balton (U) Ltd, Uganda Baati to

join 5<sup>th</sup> street and turn left.

Proceed along 5<sup>th</sup> street and before Maersk ICD, turn right to join 6<sup>th</sup> street

Proceed along 6th street to Mukwano Roundabout, pass on right hand side of the

roundabout and turn right to join access road;

Proceed along The Access road for about 80m and turn left to join Station road;
Proceed along Station road (Behind Shell Jinja Road) to the railway station and

turn right.

Proceed along Said Barre/ Corydon road, cross Jinja road at NSSF House (Esso

corner), proceed past National theatre to Crested towers

roundabout and turn left to join Nile Avenue.

right to join Speke road;

Climb along Speke road to join Rwenzori Courts roundabout and turn left to join

Nakasero road.

Proceed along Nakasero road and turn left to join Nakasero hill road;

Slope along Nakasero Hill road for about 100m and turn right to join Kyadondo

road.

Proceed along Kyadondo road via NRM Secretariat to Sezibwa road and turn right.

Climb along Sezibwa road to Kampala Club and turn left to join Kintu rd.

Slope along Kintu road behind Serena Hotel, MTN Towers, back to Crested

Towers roundabout and turn left;

Slope along Nile Avenue to Nakumatt roundabout and turn right.

Slope along Yusuf Lule road to Jinja road traffic lights and turn left.

Proceed along Jinja road (at Centenary Park) past Jinja road police station to

Shoprite Lugogo and turn left.

Proceed along Lugogo by-pass to Shell Service Station and turn left to join

Upper Kololo Terrace

Climb along Upper Kololo Terrace and turn right to join Wampewo Avenue

Slope along Wampewo Avenue to Main Entrance to the Air strip and turn right to

join Elgon Terrace.

Proceed along Elgon Terrace up to the Finish

**FINISH** Inside the Airstrip along Elgon Terrace.